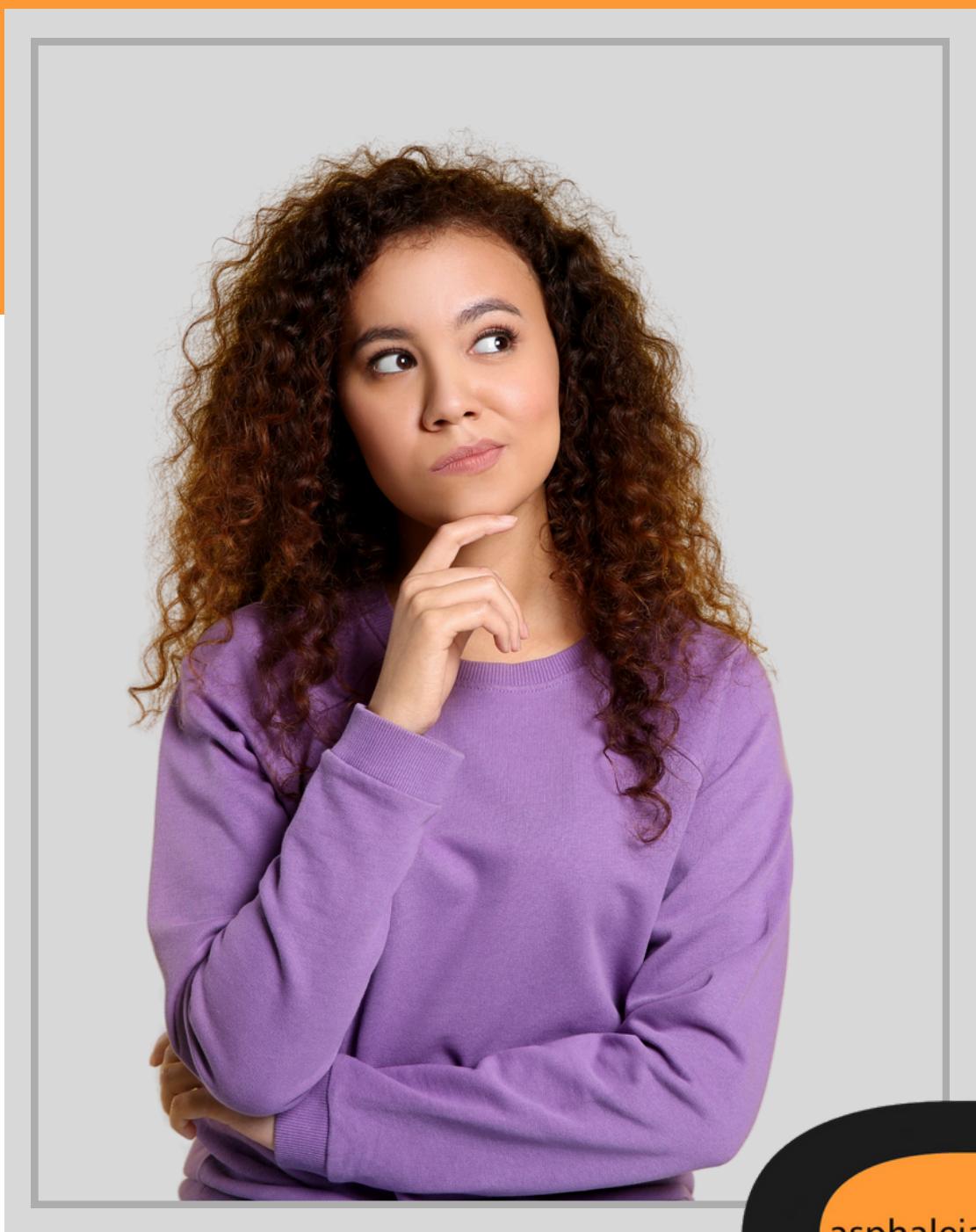


what are my options at 16?

YOU'VE FINISHED SCHOOL, WHAT'S NEXT?



DO I HAVE TO STUDY?

The short answer is yes! Government guidance says that once you leave school, you must then do one of the following until you're 18:

- stay in full-time education
- start an apprenticeship
- spend 20 hours or more a week working or volunteering, while in part-time education or training

**YOUR NEXT STEP DEPENDS ON YOUR
INTERESTS AND YOUR GCSE GRADES...**



WHAT ROUTES CAN I TAKE?

academic route

Study A-Levels at college in subjects such as, English, maths, sciences, art, music, etc.

vocational study route

Vocational courses (such as BTECs, NVQs at level 1, 2, 3 and T-levels at level 3) – linked to occupational pathways, learn skills to progress into specific technical work.

pre-vocational and foundation study route

Entry level and level 1 courses for personal, social, employability skills, independent living skills – focus is progression into level 1 or level 2 technical qualification, apprenticeship or supported internship.

work-based routes

Apprenticeships, supported internships, part-time work or volunteering alongside one of the above study routes.

MORE ABOUT THE VOCATIONAL OPTIONS

You can learn more about the pre-vocational and vocational options in the rest of this guide. Key things to know:

- Most of these study options will require you to take English and maths if you haven't passed them at GCSE
- asphaleia training is a further education provider in the pre-vocational study route



FURTHER EDUCATION PROVIDERS & COLLEGES

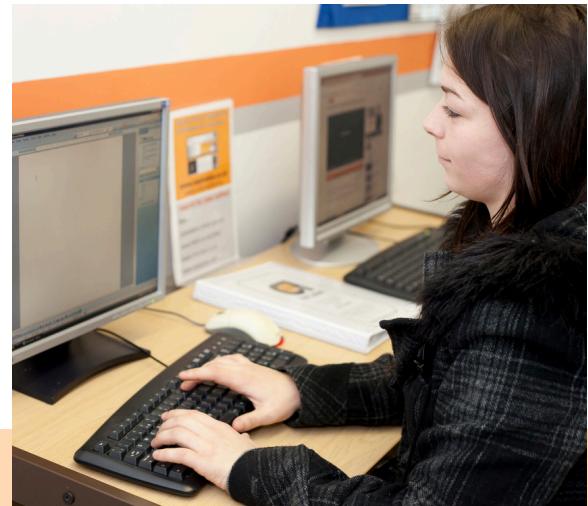
pre-vocational programmes

FE colleges, independent training providers such as asphaleia, and specialist SEND education providers provide entry level and level 1 courses in personal, social development and employability. You will have to take English and maths if you didn't achieve level 4 or above in your GCSEs - this could involve retaking your GCSE or taking functional skills qualifications.

what do I need to get in?

You don't usually need specific qualifications and applying will involve an application form and maybe an informal meeting with staff to discuss your goals and needs.

asphaleia can help you move on to one of the following options and we'll help you to apply!



more about asphaleia training

We currently offer the On Track 2 Work programme, which is an education programme for 16-18 year olds wishing to prepare for their next steps into further study or work. It offers accredited functional skills qualifications in English, maths and employability, as well as careers planning and workplace experiences. You will develop essential skills for employment, including confidence building, problem-solving, collaboration and communication.

The programme runs from September to July every year, with opportunities to start throughout the year.

www.asphaleia.co.uk/training-courses

vocational courses

Colleges offer level 1, 2 and 3 courses that provide the skills needed to complete the tasks required for a specific job, such as Hairdressing or Mechanics.

Some colleges also offer T-Levels, a new type of technical qualification that is equivalent to 3 A-levels. A T-level is a college course that has a work placement built into it. Read more [here](#).

what do I need to get in?

- Level 1 requires 2 GCSEs at grade 2 (will sometimes accept functional skills)
- Level 2 requires 3 GCSEs at grade 3
- Level 3 requires at least 4 GCSEs at grade 4 and above



what's involved in applying

You can apply for college online and will need to provide details of any qualifications already taken. For creative courses like art, you might need to provide a portfolio of your work, for courses like music or performing arts you may be asked to attend an audition. For most other courses you will have a face-to-face interview..



Prepare for an interview by knowing why you are applying for the course. You may be able to have a mock interview with a career's advisor.

APPRENTICESHIP

what is it?

An apprenticeship is like a full-time job, you work for 80% of the week and 20% of the week you study with a training provider for a qualification.

Read more [here](#).

what do I need to get in?

Level 2

16-18 year-olds: you need an English and maths qualification, such as functional skills or GCSE, or to be working towards one.

19+ adults: English and maths are optional but the employer may require it.

Level 3

No national requirement for GCSE's. You need a relevant Level 2 qual or evidence of learning or experience suitable for the role (employers have their own requirements and may ask for GCSEs in certain subjects).



what's involved in applying

Employers will have different application processes so make sure you read them carefully and note any deadlines to ensure you meet them. You will likely have to submit a CV and answer some questions about yourself. If you get through this stage you will probably be invited to an interview.



**Ask a careers advisor for support with the application process.
That's what they're there for!**

GETTING A JOB

can I work now?

At 16, if you want to work full-time you will need to find a job with training so that you can gain a qualification at the same time. Types of apprenticeships:

- Retail
- Customer Service
- Catering and Hospitality
- Administration/ IT
- Hairdressing
- Childcare

If you are in education or on a programme like 'On Track 2 Work' then you could have a part-time job alongside.

Typical places that young people find part-time jobs are in retail, hospitality (waiter/ waitress/barista etc), cleaning, babysitting.



what's involved in applying

Jobs are often found online on websites like Indeed. To apply for a job online you will need a CV. It is also possible to go into potential places of work and ask if they have any vacancies, you will most likely still need a CV.

As part of the On Track programme you will be provided with lots of support and guidance on how to create a CV.



Use a CV template in a Word processor so your CV looks neat and professional.

WHY STUDY WITH US?

1. tailored environment

Creating a learning environment that works has always been our preference for young people who study with us. We adapt our classes, teaching and support based on how our students will learn best.

2. we help young people to achieve

Regardless of a young person's previous history in education, we work to provide them with opportunities that will help them achieve their goals.

3. it's about you

Our core employability programme is all about the young person. We tailor career plans and review these throughout the academic year, welcoming changes or complete u-turns as part of the process of preparing for life and work.



"The teaching that you receive at asphaleia is completed to a very high standard. They help you when you struggle and praise you when you do well, but no matter what they always reassure you and make you feel proud."

ON TRACK STUDENT

4. extra support on offer

Through tutorials, bursaries, mental health support and more, asphaleia offers extra support to students throughout the learning journey.

Young people can be supported with their start at asphaleia journey with a personalised engagement programme, in order to give them grounding and an introduction to education and re-engaging in learning.

5. build your soft skills with asphaleia

Preparing for the world of work isn't just about qualifications. Part of gaining experience for life and work is all about soft skills, like confidence, communication, teamwork, independence, and much more. It is a unique part of our programmes here to help young people to build these skills and qualities alongside formal achievement.



100% of
students feel
safe at
asphaleia



96.4% of
students find
their lessons
enjoyable and
well taught



91.6% of
students feel
their course is
preparing them
for their next
steps

If you'd like to find out more, please contact us today!
www.asphaleia.co.uk/further-education-and-training